



WestWind Schedule • Kearns
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**WestWind Schedule • Kearns
 2020**

Class	(A) MONDAY	(A) TUESDAY	(A) FRIDAY	(B) WEDNESDAY	(B) THURSDAY	(B) SATURDAY	Class
INTRO	3:30 / 5:30	3:30 / 8:15		3:30 / 7:50	3:30 / 8:15		INTRO
WHITE/ <i>Dragon Black</i>	4:45 - 5:30	6:00 - 6:45	5:00-5:45 (Sandy)	4:45 - 5:30	6:00 - 6:45	11:00-11:45 (S. or M.)	WHITE/ <i>Dragon Black</i>
EARLY SKILLS	5:45 - 6:15	4:00 - 4:30		5:45 - 6:15	4:00 - 4:30		EARLY SKILLS
BASIC SKILLS	6:15 - 7:00	4:30 - 5:15		6:15 - 7:00	4:30 - 5:15		BASIC SKILLS
YELLOW ORANGE	4:00 - 4:45	7:30 - 8:15	5:00-5:45 (Sandy)	4:00 - 4:45	7:30 - 8:15	11:00-11:45 (S. or M.)	YELLOW ORANGE
PURPLE BLUE	7:00 - 7:45	5:15 - 6:00	5:00-5:45 (Sandy)	7:00 - 7:45	5:15 - 6:00	11:45-12:30 (Sandy)	PURPLE BLUE
GREEN thru BLACK	7:45 8:30	6:45 - 7:30	5:00-5:45 (Sandy)	7:45 8:30	6:45 - 7:30	11:45-12:30 (Sandy)	GREEN thru BLACK
BLACK		9:15-10:00 (Midvale)			8:00 - 8:45 (Sandy)		BLACK
BBC SPARRING			4:00 (Sandy)			11:45-12:30 (Midvale)	BBC SPARRING
S.W.A.T. S.T.O.R.M.					Inquire within		S.W.A.T. S.T.O.R.M.

Students are expected to:

1. Arrive 10-15 minutes prior to scheduled classes.
2. Attend one "A" & "B" day per week.
3. Pull attendance card prior to each class.
4. Keep uniforms neat, clean & odor-free.
5. Quietly prepare for class (do not disturb class in session).
6. Always show respect to your instructors & fellow students.
7. Students & guests should always be well mannered & behave properly.
8. Attend classes on a consistent schedule.
9. Make arrangements with instructors for make up classes.
10. Show proper effort & spirit in the classroom.
11. Practice & exercise at home for better results.
12. Memorize & apply Student Creed.
13. Develop & maintain a positive, well disciplined attitude.

A Days- Teq/Katas • B Days- Reaction