

MID ISLAND GYMNASTICS CLASS SCHEDULE

2019 - 2020

CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GIRLS age 6+	4:15 - 5:45 5:45 - 7:15	4:15 - 5:45 5:45 - 7:15	4:15 - 5:45 5:45 - 7:15	4:15 - 5:45 5:45 - 7:15	4:15 - 5:45 5:45 - 7:15	9:10 - 10:40 10:50 - 12:20
BOYS age 6+	5:45 - 7:15		4:15 - 5:45			9:10 - 10:40
NINJA boys & girls	4:45 - 5:45		7:15 - 8:15		6:00 - 7:00	
ACRO TUMBLING girls age 6+	5:45 - 6:45				5:45 - 6:45	
OPEN TUMBLE boys & girls age 6+					7:00 - 8:30	
MOM/DAD & ME	classes available upon request	classes available upon request	classes available upon request	classes available upon request	classes available upon request	
TINY TOT age 2 potty trained					10:00 - 11:00 12:30 - 1:30	
PRE K boys & girls age 3-5	4:30 - 5:30	4:30 - 5:30	4:30 - 5:30	4:30 - 5:30		9:15 - 10:15 10:15 - 11:15 11:15 - 12:15
REC TEAM	4:15 - 5:45		4:15 - 5:45		4:15 - 5:45	

Tot Team age 4-5, USAG Levels 2-10 and IGC Teams - Please call 516-935-9804 for a free evaluation