

# MID ISLAND GYMNASTICS CLASS SCHEDULE

2018 - 2019

| CLASSES                                    | MONDAY                               | TUESDAY                              | WEDNESDAY                            | THURSDAY                             | FRIDAY                               | SATURDAY                      |
|--|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|-------------------------------|
| <b>GIRLS age 6+</b>                        | 4:15 - 5:45<br>5:45 - 7:15           | 4:15 - 5:45<br>5:45 - 7:15           | 4:15 - 5:45<br>5:45 - 7:15           | 4:15 - 5:45<br>5:45 - 7:15           | 4:15 - 5:45<br>5:45 - 7:15           | 9:10 - 10:40<br>10:50 - 12:20 |
| <b>BOYS age 6+</b>                         | 5:45 - 7:15                          |                                      | 4:15 - 5:45                          |                                      |                                      | 9:10 - 10:40                  |
| <b>NINJA boys &amp; girls</b>              | 4:45 - 5:45                          |                                      | 7:15 - 8:15                          |                                      | 6:00 - 7:00                          |                               |
| <b>ACRO TUMBLING girls age 6+</b>          | 5:45 - 6:45                          |                                      |                                      |                                      | 5:45 - 6:45                          |                               |
| <b>OPEN TUMBLE boys &amp; girls age 6+</b> |                                      |                                      |                                      |                                      | 7:00 - 8:30                          |                               |
| <b>MOM/DAD &amp; ME</b>                    | classes<br>available<br>upon request | classes<br>available<br>upon request | classes<br>available<br>upon request | classes<br>available<br>upon request | classes<br>available<br>upon request |                               |
| <b>TINY TOT age 2-3</b>                    |                                      |                                      |                                      |                                      | 10:00-11:00<br>12:30-1:30            |                               |
| <b>PRE K boys &amp; girls age 3-5</b>      | 4:30 - 5:30                          | 4:30 - 5:30                          | 4:30 - 5:30                          | 4:30 - 5:30                          |                                      | 9:00 - 10:00<br>11:00 - 12:00 |
| <b>REC TEAM</b>                            | 4:15 - 5:45                          |                                      | 4:15 - 5:45                          |                                      | 4:15 - 5:45                          |                               |

Tot Team age 4-5, USAG Levels 2-10 and IGC Teams - Please call 516-935-9804 for a free evaluation



