



THE ACADEMY
Martial Arts Leadership

**Winter/Spring 2019
 CLASS SCHEDULE
 (February 1st–June 8th)**

220 W. Northland Ave. Appleton, WI 54911

920.830.2233 TheAcademyAppleton.com TheAcademyAppleton@gmail.com

NORMAL CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Little Ninjas		4:00—4:30 PM	4:45—5:15 PM	5:15—5:45 PM		10:00—10:30 AM
Junior Achievers/BBT	4:45—5:15/5:30 PM		6:00—6:30/6:45 PM	5:45—6:15/6:30 PM		10:30—11:00/11:15 AM
Junior BBT 1	4:00—4:45 PM	5:45—6:30 PM	4:00—4:45 PM		5:30—6:15 PM	11:15 AM—12:00 PM
Junior BBT 2	5:30—6:15 PM	4:30—5:15 PM		6:30—7:15 PM	4:45—5:30 PM	12:00—12:45 PM
Masters Team	1st Degrees 6:45—7:30 PM	2nd/3rd Degrees 6:30—7:15 PM	5:15—6:00 PM	7:15—8:00 PM	6:15—7:00 PM	12:45—1:30 PM
Leadership	6:15—6:45 PM	5:15—5:45 PM		4:45—5:15 PM		
Adult Basic/BBT/MT	7:30—8:30 PM		6:45—7:45 PM			8:30—9:30 AM
Adult BBT/MT (Sparring)			7:45—8:15 PM			

CLASS DESCRIPTIONS:

- Little Ninjas** Beginning Students 4-6 year olds
- Junior Achievers/BBT** Beginning Students 7-12 year olds White, Gold and Orange Belts
- Junior BBT 1** Advanced Students Green, Purple, Purple Stripe, Blue & Blue Stripe Belts
- Junior BBT 2** Advanced Students Red, Red Stripe, Brown and Brown Stripe Belts
- Masters Team** Junior and Teen Black Belt Students
- Leadership** Developing physical and verbal skills of leaderships through martial arts
- Adult Basic** Adult/Teen Training Program
- Adult BBT/MT** Advanced Training on Weapons, Self-Defense & Sparring

“Appleton’s BEST After School Program!”
 Your membership includes: Karate classes, structured activities, sports games, snacks, arts & crafts, quiet time for homework, a positive/safe environment, and transportation from eight area elementary schools...

- Classical Charter
- Edison
- Ferber
- Franklin
- Highlands/Odyssey
- Houdini
- Huntley
- Lincoln

*Plus our After School Program is State Licensed!
Contact us to TODAY to check for spots available!!!