

Hill Country Karate's Self-Defense & Weapons Training Camp

- Practical self-defense against assault
- Hands-on training with a variety of martial arts weapons
- Learn to protect yourself and your loved ones
- Practice real life scenarios in safe environment

Students (except Brown Belts) who have already completed two adult camps will receive TEN CLASS SIGNATURES for attending.

Who can come?

This camp is open to any Senior student at ANY belt level. Students will be grouped by experience level. Students under 15 may only stay overnight if accompanied by a parent who is also a HCK student or who has an accompanying black belt sponsor. Sorry no pets, no children, no family or friends may attend.

What should I bring?

ALL campers are required to furnish their own camping gear, flashlight, personal items and food/drink. Shower facilities are available on-site. Restaurants are located near-by for lunch/dinner breaks. No alcohol, no drugs, no tobacco products will be permitted.

Do not forget your required equipment based on your belt level. These items will be used during camp.

Schedule On Back

May 3-4, 2019

(RAIN OR SHINE)

\$35.00

No Checks, No Refunds



FEATURING

-EXTENDABLE BATON/ASP-

-SSBD KUNTAO/HAND TO HAND-

- LAST RESORT TACTICS-

**NEWK'S TENNIS RANCH
325 Mission Valley Rd**

**New Braunfels, TX 78132
(Off Hwy 46)**



Nick Smith: 830-629-6686

admin@hckarate.com

Newk's Ranch: 830-629-3400

Spring Camp Schedule

Friday:

6:00pm-9:00pm
9:00pm-TBD

Check In-Brown Belts Only

Brown Belt Compass Courses/Maneuvers

Saturday:

8:00am

Check In- Advanced Campers (have been at camp before)

9:30am-11:30am

Advanced Rotations - 40 mins. each

Silat (SSBD)- Kuntao Combos
Extendable Baton/Asp
Last Resort Tactics

11:30am -1:00pm

Lunch Break (Advanced & Brown Belts)

12:30pm - 1:00pm

Check In- First Time Campers

1:00pm - 4:00pm

Afternoon Rotation - 45 mins. each

Cane
Multiple Attacks
Basic Ground Fighting
Bo Staff

4:00pm - 5:00pm

Dinner Break

5:00pm - 8:00pm

Evening Rotations - 45 mins. each

Power Strikes
Adv. Ground Fighting
Knife Defense
Gun Defense & Disarms

9:00pm-11:00pm

Night Trails |

11:00pm

Under belt Dismissal & Brown Belt Trails

Name _____ Age _____ Phone _____
Instructor _____ Training Location _____
Belt Color _____ Allergies _____
Emerg # _____ Emerg # _____