

"GOALS WE SET ARE GOALS WE GET"



"CHAMPIONS IN LIFE FOR LIFE"

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Early Skillz 1	4:30-5:00PM		4:30-5:00PM			10-10:30AM
Early Skillz 2		4:30-5:00PM		4:30-5:00PM		
Basic Skillz 1	6:30-7:15PM		6:30-7:15PM	5:00-5:40PM		10:30-11AM
Basic Skillz 2		5:00-5:40PM		5:00-5:40PM		
Core Skillz 1	5:45-6:30PM		5:45-6:30PM			11:15-12PM
Core Skillz 2		5:45-6:30PM		5:45-6:30PM		
Extreme Skillz		6:30-7:15PM		6:30-7:15PM		
6 WEEKS LEVEL FITNESS	7:30 -8:30PM	7:30-8:30PM	7:30PM-8:30PM	7:30-8:30PM		

Early Skillz: 3-4 Year Old

Basic Skillz: 5-6 Year Old

Core Skillz: 7-9 Year Old

Extreme Skillz: 10-14 Year Old

