

Krav Maga Capitol Hill Class Schedule

Effective 2/10/18

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ADULT KRAV MAGA TRAINING & THAI PADS							
Level 1	5:30pm-6:30pm	6:00pm-7:00pm 8:00pm-9:00pm	6:30-7:30am 5:30pm-6:30pm	8:00-9:00pm	6:30-7:30am	10:00am-11:00am	
Level 2	6:30pm-7:30pm	7:00pm-8:00pm					
Level 2/3				6:00-7:00pm			
Level 3			7:30-8:30pm				
Youth Level 1				7:00-8:00pm		12:00-1:00pm	
All Levels			6:30-7:30pm			11:00am-12:00pm	
Thai Pads						9:00am-10:00am	
FIGHT							
Intro to Fight	7:30pm-8:30pm						

Krav Maga Capitol Hill
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