

Fitness Schedule

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| Monday | 6:30 a.m. | 6:00 p.m. | |
| Tuesday | 6:30 a.m. | 9:00 a.m. | 6:00 p.m. |
| Wednesday | 6:30 a.m. | 6:00 p.m. | |
| Thursday | 6:30 a.m. | 9:00 a.m. | 6:00 p.m. |
| Friday | 6:30 a.m. | | |
| Saturday | 8:00 a.m. | | |