



Hour / Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 - 5:00	<b>Curriculum</b> Family Beginners	<b>Curriculum / Weapons</b> Children Intermediate	<b>Dynamic Drills/ Sparring Techniques</b> Family Beginners	<b>Dynamic Drills/ Sparring Techniques</b> Children Intermediate	<b>Demo Team</b>  4:30 - 6:00	10:00 am - 11:00 am <b>Curriculum</b> Family Beginners
5:00 - 6:00	<b>Curriculum / Weapons</b> Family Intermediate	<b>Curriculum</b> Family Beginners	<b>Dynamic Drills/ Sparring Techniques</b> Family Intermediate	<b>Dynamic Drills/ Sparring Techniques</b> Family Beginners		12:00 pm - 4:00 pm <b>Special Events and Birthday Parties</b> by appointments only.
6:00 - 6:30	<b>Curriculum</b> Little Warriors	Seminars	<b>Curriculum</b> Little Warriors	Seminars	Seminars	
6:30 - 7:30	<b>Curriculum</b> Family Beginners	<b>Curriculum / Weapons</b> Family Intermediate	<b>Dynamic Drills/ Sparring Techniques</b> Family Beginners	<b>Dynamic Drills/ Sparring Techniques</b> Family Intermediate	<b>Curriculums</b> Family All Belts	
7:30 - 8:30	<b>Curriculum / Weapons</b> Family Advanced	<b>Curriculum</b> Family Beginners	<b>Curriculum / Weapons</b> Family Advanced	<b>Dynamic Drills/ Sparring Techniques</b> Family Beginners		