

Application for RARE CrossFit Personal Trainer/Fitness Coach

Part I. General Questions. You can simply answer “YES” or “NO” to the following questions.

1. Are you at least 18 years old?
2. Are you legally authorized to work in the United States?
3. Do you have fluent English-speaking and writing skills?
4. Do you have a high school diploma or GED?
5. Do you have any education or training beyond high school (college, technical school, mentorships, intensive learning programs, etc.)?
6. Do you have a certification in personal training?
7. Do you have at least 2 years of relevant experience?
8. Are you CPR, AED, and First-Aid certified?
9. Do you consider yourself to be friendly and outgoing?
10. Do you have a passion for motivating others to reach their fitness and wellness goals?
11. Are you physically able to perform the duties of this job?
12. Can you work a flexible schedule that includes evenings, weekends, and holidays?
13. Are you willing to participate in pre-employment and periodic drug screening?
14. Are you willing to undergo ad formal background check?
15. Can you interact with people on an upbeat and friendly basis, regardless of circumstances?
16. Do you consider yourself trustworthy, ethical, and professional?

Part II. Industry-Related Questions. Please elaborate as much as you would like.

1. Please list your current training and coaching certifications?
2. What company are you currently working for and what do you like about it? What would you change?
3. Why would you like to be part of the RARE CrossFit team?
4. What is your vision of what this job would be like? What would you have to do to excel and be a key component on our team?
5. What do you feel are at least 5 things that make you an exceptional personal trainer/coach?
6. What do you still need to work on as a coach?
7. As a person, what are 3-5 of your top gifts/skills that you possess?
8. What is one thing that you want to improve about yourself personally?
9. What is your “expertise” in training/coaching? Who do you LOVE working with?
10. If you had a niche or wanted to develop a niche within training/coaching, what would it be in and why?
11. Did you play sports growing up? If so, which ones?
12. What are your top professional and personal goals in the next 3-5 years?
13. How would a client describe your training?
14. What makes you the BEST candidate for this job?
15. For planning purposes, it is important for management to know the earliest date you can begin work if selected for this position. When can you begin work if you are selected for this position?

Is there anything else you would like to add? Feel free to elaborate as much as you would like.

Please send your completed answers to Lee Walchester, CFO of RARE CrossFit, at info@rarecrossfit.com within **72 hours of receiving these questions.**

**In the subject line of the email with these answers, please put:
I AM Ready to Be More Awesome!**

(and don't forget to attach your answers).