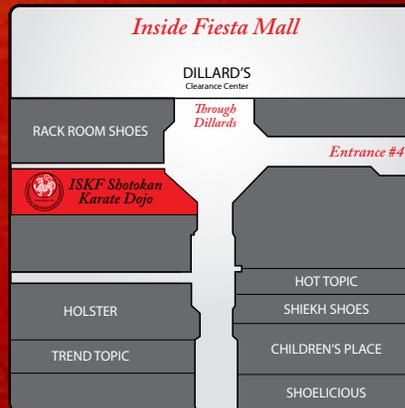


Karate > Fitness > Health > Self Defense > Fun
 Focus > Confidence > Discipline > Integrity > Respect

This Traditional Martial Arts is for You!
 Because You Can Do It!
 Any Age > Men > Women > Youth > Children



Shotokan Karate of Arizona In Fiesta Mall



Fiesta Mall 1445 W. Southern Avenue | Suite 1136 | Mesa, AZ 85202

Shotokan^{LLC}

ISKF WESTERN REGION • USA

Traditional Shotokan Karate



Tele/Text: 480-205-6003
 Facebook.com/iskfwestern

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www.KarateAZ.com

www.KarateAZ.com

Traditional Karate Teaches Self-Discipline, Respect, Self-Esteem, Self Confidence.



- ➔ Our program relieves stress, training the mind, body & spirit, while learning Self Defense and gaining self confidence.
- ➔ Build a strong foundation learning positive principals that you apply to any given situation for the rest of your life.
- ➔ Our belt system helps learn short & long term goals.
- ➔ Our helpful and patient instruction makes learning karate easy, safe and fun yet always challenging.
- ➔ Traditional Karate is for any age & gender.
- ➔ A program with structure & discipline.

Welcome to our school and organization.

Parents, visitors and prospective members are encouraged to visit our school at any of the regular scheduled times. If observing class, we ask that you remain off the training floor and remain as quiet as possible while class is in session.

Our members receive encouragement and sound development from both instructors as well as members of our school. When you choose to train in a true Traditional Martial Art you will achieve long lasting physical, moral and character improvements. Character improvement through karate training becomes an essential element of our program.

We offer training for men, women, youth and children in a true Traditional Japanese Martial Art. Whether you are interested in looking to improve your health, learn self defense, relieve stress, obtain mental awareness, exercise or competition, our school offers you the best.

Classes continue throughout the year, except for one week during Christmas/New Year's. Occasional single holidays are also observed throughout the year.

We can & will fit your schedule and physical fitness needs.

Our school's mission is to be one of the most reputable and respected organizations, dedicated to promote the preservation and education of Shotokan Karate and it's traditions but embracing the new.

Optimists do not wait for improvements; they achieve it.



Director & Chief Instructor
Chuck Coburn, Sensei
Shotokan Karate of Arizona

- ➔ Began training in 1969-
- ➔ 7th Degree (Dan) Black Belt
- ➔ 42+ years of teaching & training
- ➔ Certified Instructor, Examiner and Judge
- ➔ 25 year competition career
- ➔ Competed & trained overseas including Japan.
- ➔ Trained under world renown Japanese Masters
- ➔ Western Regional Director of the International Shotokan Karate Federation (ISKF).



**ISKF Shotokan
Karate Dojo
In Fiesta Mall**



Why Choose Us? Shotokan Karate of Arizona Compare these features to other schools:

Worldwide Affiliation

Moving? Traveling? The ISKF is found in over 65 countries and throughout the USA. The leadership of the ISKF is with two of the most senior of the original JKA instructors, Master Okazaki 10th Dan, and Master Yaguchi, 9th Dan. Training and testing are standardized. Ranks earned in the ISKF are respected throughout worldwide organizations.



Quality Instruction

Mr. Coburn brings invaluable teaching experience that very few can offer. He has trained extensively under many of the world's most renowned instructors including; Masters Nakayama, Okazaki, Nishiyama, Yaguchi, Koyama and others. He has had an outstanding 25 year competition career including as a USA team member numerous times in international competition. Mr. Coburn has trained Children and Adults who have become champions and international competitors.

The school has many other exceptional assistant instructors. Many have been teaching and training for over 20 years or more. Our classes are normally taught by the chief instructor and usually have several senior assistant instructors in class.



Amount of Classes

We offer classes six days a week. Training is unlimited - that is, you may participate in as many general classes as you wish. Classes are generally one hour in length or longer for youth and adults.

There are no contracts to sign.

